



Alzheimer's disease; taking the edge off with Cannabinoids

A.R. Dehpour

Department of Pharmacology, School of Medicine, Tehran University of Medical Sciences, Tehran, Iran

Alzheimer disease (AD) is the most common age-related neurological disorder, featured by select neuronal loss, neuroinflammation and progressive memory and cognitive impairment. The molecular pathogenesis of the disease encompasses extracellular accumulation of the beta-amyloid peptide (A β) as amyloid deposits in different regions of the brain, especially in the hippocampus. A β can interact with various cellular components to trigger signal transduction cascades that prompt inflammatory response, caspase activation, free-radical generation and Ca²⁺ deregulation. Cannabinoids including plant derived phytocannabinoids, synthetic cannabinoids and endocannabinoids have been shown to exert neuroprotective effects in a plethora of conditions with the common feature of neuroinflammation including Alzheimer's disease (AD) (1-2). In recent years, attempts have been made toward unraveling mechanisms underlying cannabinoid-induced neuroprotection *in vitro* and *in vivo*. The majority of cannabinoid ligand effects are thought to be mediated via cell surface receptors. Among them are cannabinoid types 1 and 2 receptors (CB₁ and CB₂, respectively), the classical cannabinoid receptors that are coupled to inhibitory G-proteins (Gi/o). This presentation will focus on the findings on neuroprotective aspects of cannabinoids in AD.