

Herbal drugs in house curing among people of Rahmat Abad in Fazelabad village in Golestan

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Background and Aims: providing and finding easy ways to cure different diseases and to quiet pains was important and considerable. According to the tendency of people to use current herb remedies that are natural and available. Researchers decided to study current and popular and traditional herbal drugs among people in Rahmat Abad in Fazel Abad in Golestan.

MethodS: In this study there are interviews with people who had experienced curing disease with herbal house curing the interviews were written and recorded ,classified and specified by numbers .The instruction of using of these cures were questioned.

Results: To cure headache Borage or mixture of Moret Pea and Oat is used .Runny nose is cured with boiled Eucalyptus .Infused Pteridease and Violet for clogged nose.Curing toothache with dried piece of apricot. Curing sputum with boiled hedge mustard s seeds and Plantago.Pugative manna and Hedy Sarum are used to cure new born s icteric .Stone boiling of Mint and Gandejaru for baby stomachache .Infused Mint and Damascus rose for constipation .Using Marambo and Golpure as an antiacid .The kidney stone is cured with Beet. Infused leaves of with fig tree for broken bones.Vaginal infections would be cured with infused Cummin , Sweet root ,Coriander or using boiled Noonekalagh and Gondejaru .using Malakarzagh and Alones as suppository. All of this mentioned methods were popular and are currently used among people of Rahmat Abad in Golestan.

Conclusions: Common medicine in Iran has an old curing diseases and solving health problems.It s vital to record and keep them for future uses.

Keywords: Herbal drugs; House curings; Rural people; Golestan province