

Isolation and identification of a *Lactobacillus* sp. from dairy products as a novel selenium reducing probiotic

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Background and Aims: Selenium (Se) is a micronutrient metalloid with extensive applications. Among the different selenium compounds, the red elemental selenium showed lower in vivo and in vitro toxicity. In the other hands, some bacteria can produce the elemental Se by reducing the higher oxidation state of this element. Among the bacteria some *Lactobacillus* sp. plays an important role in food biotechnology and they were generally recognized as safe. In this study, a potent Se reducing *Lactobacillus* sp. has been isolated from dairy products and identified by various biochemical test and 16s rDNA analysis method.

Methods: Samples of dairy products were serially diluted in sterile NaCl (0.9%) and spread onto MRS agar supplemented with SeO₂ (1.26 mM). The plates were incubated at 37 C for 48h. The red colony was selected for more purification by multiple subculturing. The phenotypic and physiological characterization of the isolate was carried out by the methods described in Bergey's manual of systematic bacteriology and 16S rDNA sequence analysis. A large fragment of the 16S rDNA gene was amplified using universal primers (27F and 1492R). Sequence similarity searches were done with the BLAST database (National Center for Biotechnology Information).

Results: The isolated strain can intra-cellularly convert the Se⁴⁺ ions to red elemental Se⁰. The morphological studies showed that the isolated strain is a rod-shaped and gram-positive. Based on the biochemical tests the isolated bacterium was inferred to be a strain of the *Lactobacillus* family. The BLAST results confirmed the biochemical test.

Conclusions: We screened and identified a potent *Lactobacillus* sp in reducing the Se⁴⁺ ions which can be used as a new probiotic for using the combined benefit of the elemental Se and *Lactobacillus* species in future studies.

Keywords: *Lactobacillus* sp; Elemental selenium; Dairy products; 16S rDNA analysis