

**Original** Article

# Cardioprotective effect of vanillic acid against doxorubicin-induced cardiotoxicity in rat

# Bahar Baniahmad<sup>1</sup>, Leila Safaeian<sup>1,\*</sup>, Golnaz Vaseghi<sup>2</sup>, Mohammad Rabbani<sup>1</sup>, and Behnoosh Mohammadi<sup>3</sup>

<sup>1</sup>Department of Pharmacology and Toxicology, Isfahan Pharmaceutical Sciences Research Center, School of Pharmacy and Pharmaceutical Sciences, Isfahan University of Medical Sciences, Isfahan, I.R. Iran. <sup>2</sup>Isfahan Cardiovascular Research Center, Cardiovascular Research Institute, Isfahan University of Medical Sciences, Isfahan, I.R. Iran. <sup>3</sup>Department of Pathology, School of Medicine, Isfahan University of Medical Sciences, Isfahan, I.R. Iran.

### Abstract

**Background and purpose:** Doxorubicin (DOX) is an effective agent for the treatment of many neoplastic diseases. Cardiotoxicity is the major side effect of this drug and limits its use. Vanillic acid (VA) is a pharmaceutical compound from the phenolic acids family. The present study is an attempt to investigate the possible helpful effects of VA against DOX-induced cardiotoxicity in rats.

**Experimental approach:** For induction of cardiotoxicity, male Wistar rats received total of six doses of DOX (2.5 mg/kg i.p.) three times per week from days 14 to 28. Treatment groups received daily oral doses of VA (10, 20, and 40 mg/kg) two weeks before DOX injection and then plus DOX for 2 weeks. At the end of experiment, systolic blood pressure (SBP) and heart rate (HR) were detected using tail-cuff method. Lactate dehydrogenase (LDH), creatine phosphokinase-MB (CK-MB), serum glutamic oxaloacetic transaminase (SGOT), malondialdehyde (MDA), and ferric reducing antioxidant power (FRAP) were measured in serum samples. Troponin-I and toll-like receptor 4 (TLR4) were measured in cardiac tissue. All the measurements processed spectrophotometrically using commercial ELISA kits. Cardiac tissue was also processed for histopathological examination.

**Findings / Results:** Treatment with VA significantly increased SBP compared to the DOX group and restored HR near to the normal level. Administration of VA at all of doses, decreased serum levels of LDH, SGOT, CK-MB, MDA, cardiac troponin-I, cardiac TLR4 and increased FRAP value.

**Conclusion and implications:** These results suggest that VA may exert cardioprotective effects against DOX-induced cardiotoxicity by decreasing oxidative stress and biomarkers of cardiotoxicity, suppression of TLR4 signaling and consequently inflammation pathway.

Keywords: Antioxidant; Cardiotoxicity; Doxorubicin; TLR4; Vanillic acid.

## INTRODUCTION

Doxorubicin (DOX) is a powerful, well-established, and highly efficacious drug in many kinds of cancers like solid tumors, leukemia, soft tissue sarcoma, breast cancer, small cell carcinoma of the lung, and esophageal carcinoma. However its clinical usefulness is still restricted due to the specific toxicities in cardiac tissues (1).Cardiomyopathy and heart failure are dosedependent adverse effects of DOX administration (2). The possible mechanisms

\*Corresponding author: L. Safaeian Tel: +98-3137927087, Fax: +98-3136680011 Email: leila\_safaeian@pharm.mui.ac.ir proposed for cardiotoxic effects of DOX include free radical-induced myocardial injury, lipid peroxidation (3), mitochondrial damage (4) decreased activity of Na<sup>+</sup>-K<sup>+</sup> adenosine triphosphate (5), release of vasoactive amines (6), increased oxidative stress including release of free radicals, such as super oxide anions (7) and other reactive oxygen intermediates well as as endogenous antioxidant deficits (8,9).



Several Toll-like receptors (TLRs) are expressed in cardiomyocytes, including TLR2 and TLR4. These TLRs respond to endogenous and exogenous signals and lead to pathophysiological changes during cardiomyopathy (10). TLR4 signaling induces nuclear factor kappa B (NF- $k\beta$ ) expression and activation which is contributed to the release of pro-inflammatory cytokines such as, interleukin-1β (IL-1β), IL-6, and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) in cardiac tissue (11). The roles of TLR, in this process-in particular TLR4 as heart failure was completely unobserved in TLR4-knockout mice treated with DOX (12). Therefore the inhibition of TLR4/NF-kß signaling has been suggested as one of the most important mechanisms against DOX-induced cardiotoxicity. Increased generation of reactive oxygen species (ROS) is recognized as the underlying cause for DOX-induced cardiotoxicity, prevention of the cardiotoxicity using a variety of natural or synthetic compounds have been investigated. Probucol and statins as lipid lowering drugs. beta-blockers, angiotensin-converting enzyme inhibitors or angiotensin II receptor blockers have prevented DOX-mediated cardiotoxicity and heart failure without compromising antitumor property of the the drug. Several natural compounds such as vitamins, resveratrol. oleuoprein, polyphenols, and flavonoids have been investigated as adjunct therapies to prevent DOX-induced cardiotoxicity (13). Meta-analysis from seven randomized clinical trials suggested beneficial role of dexrazoxane (DEX) in reducing DOXinduced cardiotoxicity in breast cancer (14). The use of DEX is recommended as cardioprotective effect in advanced or metastatic breast cancer who has already received a minimum cumulative dose of  $300 \text{ mg/m}^2$  of DOX (15). DEX, a cyclic derivative of ethylenediaminetetraacetic acid, has the ability to chelate iron and hence reduces the formation of ROS. It is the only cardioprotective drug licensed in USA, Canada, and Europe for reduction of DOX-induced cardiotoxicity and clearly provides long-term cardioprotection without compromising anthracyclines antitumor efficacy (14,15). In recent years, there is

a growing interest in the usage of natural antioxidants as a protective strategy against cardiovascular-related problems such as heart failure and drug-induced cardiotoxicity. Some studies have demonstrated the protective effects of antioxidants such as polyphenolic compounds in DOX-induced cardiotoxicity without reducing the efficacy of this antineoplastic agent (16).

Vanillic acid (VA) is a natural compound of phenolic acids family. It is a form of vanillin oxide and is produced when vanillin converted to ferulic acid. VA has several pharmacological effects including anti-metastatic (17), anti-melanogenesis (18), antioxidant, anti-angiogenesis (19), and anti-apoptotic effects (20). Recent study has shown the cardioprotective effect of VA in decreasing ischemia-reperfusion through oxidative stress and improving myocardial dysfunction (21). Other investigations revealed some phenolic acid such as ferulic acid suppressed TLR4-induced inflammatory responses against acetaminophen-induced liver injury (22). Therefore, the present attempt has been made to investigate the possible cardioprotective effects of VA against DOX-induced cardiotoxicity.

# MATERIALS AND METHODS

# **Chemicals**

DOX was purchased from Tehran Darou Pharmaceutical Co. (Tehran, I.R. Iran). VA and DEX were obtained from Merck Co. (Darmstadt, Germany). The standard kits for analyzing of lactate dehydrogenase (LDH). creatine phosphokinase-MB (CK-MB), serum glutamic oxaloacetic transaminase (SGOT) were obtained from Pars Azmun Co. (Tehran, I.R. Iran). The assay kits for evaluation of oxidative stress including malondialdehyde (MDA) and ferric reducing antioxidant power (FRAP) were purchased Hakiman Shargh Research Co. from (Isfahan, I.R. Iran). Rat TNNI3/cardiac troponin-I enzyme-linked immunosorbent assay (ELISA) kit was obtained from MyBioSource Inc. (San Diego, USA). TLR4 ELISA kit was obtained from AVIVA Systems Biology Co. (San Diego, USA).

### Animals and treatment

Male Wistar albino rats weighing  $200 \pm 20$  g were obtained from the animal house of the School of Pharmacy and Pharmaceutical Sciences of Isfahan University of Medical Sciences, I.R. Iran. The animals had free access to water and standard rodent diet and were kept under standard laboratory condition including room temperature of 20-25 °C and a 12/12-h light/dark cycle. Rats were acclimatized for 1 week before the experiment. All animal experiments were approved by the Ethics Committee of Isfahan University of Medical Sciences (Ethical approval ID: IR.MUI.REC.1396.3.573) and performed in accordance with National Institute of Health Guide for the Care and Use of Laboratory Animals. In this study, thirty-six rats were randomly divided in to 6 groups. Group 1, animals received total of six doses of DOX (2.5 mg/kg i.p.) three times per week from days 14 to 28; groups 2 to 4 pretreated with daily doses of VA (10, 20, and 40 mg/kg/day, p.o.) for 14 days and then received DOX simultaneously for 2 weeks; group 5 (reference) received DEX at 50 mg/kg i.p., 30 min before DOX administration; and group 6 (normal control) received single oral daily doses of normal saline (NS) 1 mL/kg. The body weight was measured on alternative days. Twenty-four h after the last day of experiment, blood samples were taken from orbital sinus plexus under mild anesthesia and serum was collected for biochemical analysis. After scarification, the hearts were separated and weighted out. Small pieces of heart were kept in 10% neutral buffered formalin solution and were further processed for histopathological examinations and other pieces were first freezed in liquid nitrogen for 10 min and then kept in a deep freezer (-70 °C) until analyzed for troponin-I and TLR4.

# Measurement of systolic blood pressure and heart rate

On the first and last days of experiment, systolic blood pressure (SBP) and heart rate (HR) was measured using noninvasive tail cuff method (AD Instrument Power Lab Data Acquisition System, Australia) in rats. Three days before the last treatment, the training of rats in different groups for SBP and HR measurements was started. This training consisted of the regular handling of the animals and getting used to the restraining cage with a cuff around the end of proximal of the tail. After placing of the cuff, a pulse transducer was used around the end of the tail. Then the tail cuff was inflated using the related button on the apparatus and data were performed by the computerized system power lab. The mean values of the six SBP and HR records were used for each animal.

# **Biochemical analysis**

The serum levels of LDH, SGOT, and CK-MB as the sensitive but nonspecific biomarkers for detection of cardiotoxicity were spectrophotometrically measured using commercial ELISA kits. The biomarkers expressed as enzyme unit activity (U) per 1 mL of sample (23).

# Measurement of cardiac troponin-I

Cardiac troponin-I levels were estimated by rat TNNI3/cardiac troponin-I ELISA kit. Anti-cTn-I/TNNI3 antibody was pre-coated onto 96-well plates. According to manufacturer's protocol. the briefly. the standards, test samples, antibody, and the kit reagents were added to the wells. After adding stop solution the color changed. The density of final color product was proportional to the cTn-I/TNNI3 amounts samples of captured in the plate. Spectrophotometric absorbance was read at 450 nm and the concentrations of cTn-I/TNNI3 were calculated (24).

## Measurement of cardiac TLR4

Cardiac TLR4 levels were measured by rat TLR4 ELISA kit. In the following kit manufacturer's instructions, the specific antibody had been pre-coated onto a 96-well plate and the standards, test samples and the kit reagents were added to the wells. Finally after adding stop solution, the color density was calculated as the sum of absorbance at 450 nm. and it was quantitatively proportional to the TLR4 amounts of samples captured in the wells (25).

### Measurement of oxidative stress markers

The level of lipid peroxidation was indicated by the content of MDA. Serum MDA content was determined using the thiobarbituric acid reactive substance assay that is reacted with MDA. According to the kit manufacturer's instructions, briefly, serum and kit reagents were added and the absorbance of the samples was read at 532 nm by a spectrophotometer (26). Total antioxidant capacity of serum samples indicated by FRAP value and it was measured based on the reduction of ferrictripyridyltriazine complex to ferrous form using a standard assay kit. Briefly, the FRAP reagent was added to plasma samples and incubated for 40 min in 40 °C. The absorbance of colored samples was read at 570 nm using a spectrophotometer/microplate reader. The values were calculated against the standard curve of FeSO<sub>4</sub>.7H<sub>2</sub>O concentrations and expressed as micromole of ferrous ion equivalents per liter (27).

### Histopathological examination

The fixed heart tissue specimens in 10% neutral buffer formalin solution were additionally processed for histopathologic assessment. Then, five µm-thick sections were prepared from tissue paraffin block and stained with hematoxylin and eosin (H&E) for pathological evaluation under light microscopic examinations.

## Statistical analysis

Data are presented as mean  $\pm$  standard error of the means (SEM). One-way analysis of variance (ANOVA) followed by post hoc Tukey test using the Statistical Package for the Social Sciences (SPSS software V. 20.0) were performed for statistical analysis. P values < 0.05 were considered as the significant level.

### RESULTS

# *Effect of vanillic acid on systolic blood pressure and heart rate*

Significant decrease in SBP and HR was observed in DOX group compared to the NS control group on day 28 (P < 0.001). As shown in Table 1, all doses of VA significantly increased the SBP. It also reversed the HR near to normal value at the doses of 20 and 40 mg/kg. However DEX had no valuable effect on SBP and HR.

# Effect of vanillic acid on serum levels of cardiac enzyme biomarkers

The activities of LDH, SGOT, and CK-MB were significantly increased in DOX group (P < 0.001). Treatment with DEX (50 mg/kg) and VA at all doses significantly decreased the serum levels of these non-specific cardiotoxicity biomarkers (Table 2).

## Effect of vanillic acid on cardiac troponin-I

Cardiac troponin-I levels were measured in cardiac samples as a specific marker of cardiac injury by ELISA method. DOX administration significantly increased cardiac troponin-I levels compared to the NS control group (P < 0.001). Treatment with VA at all doses significantly decreased cardiac troponin-I levels. DEX also brought back this indicator to near normal levels (P < 0.001, Fig. 1).

**Table 1.** Effect of VA and DEX on SBP and HR in DOX-induced cardiotoxicity at day 1 and 28. Values are mean  $\pm$  SEM, n = 6.

Groups (mg/kg)	SBP 1 (mmHg)	SBP 28 (mmHg)	P value	HR 1 (bpm)	HR 28 (bpm)	P value
Normal saline	$121.9 \pm 2.3$	$122.5 \pm 4.5$	0.54	$342 \pm 14.3$	$339 \pm 16.1$	0.16
DOX	$121.3 \pm 2.7$	$88 \pm 4.1^{\#\#\#}$	0.000	$360 \pm 20.1$	276 ± 15.5###	0.000
DEX + DOX	$118.9 \pm 4.5$	87± 2.3	1.2	$365 \pm 17.2$	$280 \pm 14.8$	2.2
VA $10 + DOX$	$124 \pm 3.2$	$99 \pm 3.7^{*}$	0.03	$350 \pm 16$	278 ±17.3	1.2
VA 20 + DOX	$117.5 \pm 3.7$	$109 \pm 4.9^{***}$	0.000	$355 \pm 20.1$	$319.4 \pm 17^{***}$	0.000
VA 40 + DOX	$122.3 \pm 4.1$	$114 \pm 3.1^{***}$	0.000	$350 \pm 15.3$	$334 \pm 13.3^{***}$	0.000

VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; SBP, systolic blood pressure, HR, heart rate;  $^{\#\#}P < 0.001$  indicates significant differences versus normal saline control; and \*P < 0.05 and \*\*\*P < 0.001 versus DOX group.

Groups (mg/kg)	LDH activity (IU/L)	SGOT activity (IU/L)	CK-MB activity(IU/L)
Normal saline	$114 \pm 15.9$	$67 \pm 4.8$	$191 \pm 25.2$
DOX	378 ± 32.56 <sup>###</sup>	$93 \pm 7.8^{\#\#}$	$448 \pm 33.1^{\#\#\#}$
DEX + DOX	$200 \pm 30.1^{***}$	$65 \pm 10^{***}$	240 ±16.2***
VA10 + DOX	$277 \pm 22^{***}$	$87 \pm 5.6^{**}$	$275 \pm 28^{*}$
VA20 + DOX	$221 \pm 18^{***}$	$76 \pm 10.3^{***}$	$204 \pm 30^{***}$
VA40 + DOX	$211 + 25^{***}$	$65 \pm 5.8^{***}$	$202 + 48^{***}$

Table 2. Effect of VA and DEX on serum level of cardiac enzyme biomarkers. Values are mean  $\pm$  SEM, n = 6.

VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; LDH, lactate dehydrogenase; SGOT, serum glutamic oxaloacetic transaminase; CK-MB, creatine phosphokinase-MB;  $^{###}P < 0.001$  indicates significant differences in comparison with normal saline control, \*P < 0.05, \*\*P < 0.01, and \*\*\*P < 0.001 versus DOX group



**Fig. 1.** Effects of VA (10, 20, and 40 mg/kg) and DEX (50mg/kg) on cardiac levels of troponin-I in DOX-induced cardiotoxicity in rat. Values are mean  $\pm$  SEM; n = 6. <sup>###</sup>P < 0.001 Indicates significant differences compared to NS as a control group; and \*P < 0.05 and \*\*\*P < 0.001 versus DOX group. VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; NS, normal saline.



**Fig. 2.** Effects of VA (10, 20, and 40 mg/kg) and DEX on cardiac TLR4 levels in DOX-induced cardiotoxicity. Values are mean  $\pm$  SEM; n = 6. <sup>###</sup>P < 0.001 Indicates significant differences compared with NS as control group; and \*P < 0.05 and \*\*\*P < 0.001 versus DOX group. VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; NS, normal saline; TLR4, toll-like receptor4.

#### Effect of vanillic acid on TLR4

TLR4 is expressed in cardiomyocytes and leads to the pathophysiological changes during cardiomyopathy. There was significant elevation of cardiac TLR4 levels in DOX-treated group compared with normal control rats (P < 0.001). Administration of VA at all doses significantly decreased the cardiac TLR4 levels compared to DOX group. DEX also significantly reduced this indicator (P < 0.001, Fig. 2).

#### Effect of vanillic acid on lipid peroxidation

MDA concentrations were measured in serum samples as an indicator of lipid peroxidation. The serum levels of MDA were significantly increased in DOX-induced cardiotoxicity compared to the normal control group (P < 0.001). Treatment with VA at 20 and 40 mg/kg significantly decreased serum levels of MDA compared to the DOX group. DEX also brought back this indicator to near normal levels (P < 0.001, Fig. 3).

### Ferric reducing antioxidant power assay

FRAP method was used for evaluation of total antioxidant capacity of VA extract. There was significant reduction in the FRAP value in DOX-induced cardiotoxicity in rats compared to the NS control group (P < 0.001). Administration of VA at all doses and DEX (50 mg/kg) significantly increased

FRAP value compared to the DOX group (P < 0.001, Fig. 4).

### Effect of vanilic acid on heart histopathology

Histopathological examination of cardiac sections of DOX-treated animals (Fig. 5) showed (A<sub>1</sub>) rupture of cardiac muscle fibers, (A<sub>2</sub>) hemorrhage, (A<sub>3</sub>) myocyte wavy degeneration, (A4) necrosis and inter-fibrillar congestion; (B) DEX group showed mild hemorrhage; (C) treatment with VA at dose of showed mild mg/kg inter-fibrillar 10 congestion and mild wavy degeneration. However treatment with (D and E) VA at 20 and 40 mg/kg as (F) NS control rats group showed normal architecture of the myocardium.



**Fig. 3.** Effect of VA (10, 20, and 40 mg/kg) on serum MDA concentrations in DOX-induced cardiotoxicity in rats. Values are mean  $\pm$  SEM; n = 6. <sup>###</sup>P < 0.001 Shows significant differences in comparison with NS control; and <sup>\*</sup>P < 0.05 and <sup>\*\*\*</sup>P < 0.001 versus DOX group. VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; NS, normal saline; MDA; serum malondialdehyde.



**Fig. 4.** Effects of VA (10, 20, and 40 mg/kg) and DEX (50 mg/kg) on serum FRAP value in DOX-induced cardiotoxicity. Values are mean  $\pm$  SEM; n = 6.  $^{\#\#}P < 0.001$  indicates significant differences in comparison with NS control, and  $^{**}P < 0.01$  and  $^{**}P < 0.001$  versus DOX group. VA, Vanillic acid; DEX, dexrazoxane; DOX, doxorubicin; NS, normal saline; FRAP, ferric reducing antioxidant power.



**Fig. 5.** Representative hematoxylin and eosin (H&E) histological sections of the cardiac tissue of (A) DOX showing rupture of cardiac muscle fibers (black arrows in  $A_1$ ), hemorrhage (white arrow in  $A_2$ ) myocyte wavy degeneration (angled arrows in  $A_3$ ), necrosis and inter-fibrillar congestion (black arrow in  $A_4$ ). (B) Dexrazoxane (50 mg/kg) showing mild hemorrhage (black arrow). (C) Vanillic acid at dose of 10 mg/kg showing mild inter-fibrillar congestion (black arrowhead) and mild wavy degeneration (black arrowhead). (D and E) Vanillic acid at doses of 20 and 40 mg/kg and (F) normal saline control group, showing normal cardiac tissue architecture; ×40 magnification.

### DISCUSSION

Some mechanisms have been proposed for DOX-induced cardiotoxicity and inflammation including increased levels of free oxygen radicals, alteration of myocardial cell membrane permeability due to lipid peroxidation, mitochondrial oxidative phosphorylation, and changes in electrolyte contents (28). In this study, administration of DOX increased serum levels of LDH, SGOT, CK-MB, cardiac troponin-I, and TLR4 as biomarkers of cardiotoxicity. DOX-induced cardiotoxicity also was confirmed biochemically by a significant elevation in oxidative stress and reduction in total antioxidant capacity (29). Lipid peroxidation is important pathogenic event in an

cardiomyopathy and the accumulated lipid peroxides reflect the various stages of the disease and its complications (30). MDA assay provides information about free radicals activities in disease states (31). Total antioxidant capacity of serum samples is indicated by the content of FRAP as another biomarker of oxidative stress in various stages of cardiotoxicity (32). The histopathology of cardiac tissue in DOX-induced cardiotoxicity is associated with necrosis, rupture of cardiac muscle fibers, hemorrhagic myocyte wavy degeneration, and inter-fibrillar congestion of TLR4 which the heart. expressed in cardiomyocytes responds to endogenous or exogenous signals which may influence pathophysiological the alternations in cardiomyopathy (10). Previous investigations

DOX showed that caused chronic and much more destructive inflammation thorough activation of TNF- $\alpha$  signaling pathway, generation of massive ROS and persistent expression of multiple pro-inflammatory cytokines in cardiac tissue which associated with cardiomyopathy (33). Elevated ROS levels could significantly increase the level of TLRs, specially TLR4 and subsequently TLR4/NF-KB signaling leading to elevated levels of pro-inflammatory cytokines such IL-1 $\beta$ , IL-6, and TNF- $\alpha$  (34). A recent study revealed that upregulation of TLR4 in cardiac inflammation participated in the pathogenesis and progression of heart failure which was completely unobserved in TLR4-knockout mice treated with DOX (12).

VA is a natural substance from phenolic acid family used in food, drug, beverages, cosmetics, and also is an established and potent antioxidant (35). The results of study of Radmanesh et al. revealed that VA scavenged superoxide radicals and reduced myocardial damage caused by free radicals in cardiac tissue due to ischemia-reperfusion event (36). Another investigation showed that antioxidant and anti-inflammatory effects of VA exhibited chemopreventive effect in experimentally induced carcinogenesis in rats (37). There is evidence suggesting that vanillin which VA is an oxidized form of that, shows anti-neuroinflammatory effects through suppression of ROS, inflammatory markers, and NF-KB signaling in lipopolysaccharidestimulated microglia (38). Several studies have demonstrated that ferulic acid from phenolic acid family that VA derived from that. exerts cardioprotective effects in ischemiareperfusion induced by anthracyclines TLR4/NF-κB suppression via (39). Another study demonstrated chemoprotective effect of caffeic acid from phenolic acid family, through inhibition of TLR4 and subsequently reduction of pro-inflammatory cytokines levels in hepatotoxicity (40). In our study, administration of VA increased SBP and HR near to normal levels. All doses of VA restored various altered biochemical parameters including serum LDH, SGOT, CK-MB, cardiac troponin-I, and TLR4 after 28 days treatment and also caused

significant histopathological improvement in the cardiac tissue. VA at all doses reduced enormous amount of TLR4 and showed antioxidant effects based on reduction of MDA level and increased FRAP level. To our knowledge, this is the first report on the helpful effects of VA via inhibition of TLR4. The suppression of TLR4/NF-κB signaling and the subsequent reduction of pro-inflammatory cytokines and oxidative stress might be the key mechanisms of cardioprotective effects of VA in DOX-induced cardiotoxicity. It is important to note that the current findings do not represent detailed understanding of all the mechanisms of suppression of TLR4 activation by VA and further researches are required to elucidate detailed signaling mechanisms for the example, effect of TLR4/NF-kB signaling on apoptosis. Also, all the exact cardioprotective mechanisms of VA are needed to be investigated in future to prove usefulness of reduction of DOX-induced drug in cardiotoxicity in breast cancer patients.

### CONCLUSION

In conclusion, the findings of the present study showed that VA offers cardioprotection by decreasing biomarkers of cardiotoxicity and oxidative stress, suppression of TLR4 signaling and consequently inflammation pathway. Further investigations are still needed to elucidate the detailed mechanisms of cardioprotective effect of VA and defining its clinical usefulness in the management of cardiotoxicity of DOX in human.

## ACKNOWLEDGMENTS

The content of this paper is extracted from a PhD thesis submitted by Bahar Baniahmad which is financially (Grant No. 396573) supported by Vice Chancellor of Research, Isfahan University of Medical Sciences, Isfahan, I.R. Iran.

## CONFLICT OF INTEREST STATEMENT

The authors declare no conflict of interest for this study.

### **AUTHOR'S CONTERIBUTION**

B. Baniahmad performed the measurements, processed the experimental data and statistical analysis, prepared the manuscript, and designed the tables and figures with support from L. Safaeian as corresponding author. L. Safaeian designed the main conceptual idea of study, developed the theory during clinical experimental study. provided and the intellectual input, designed and approved the protocol to be followed in the study. She was also responsible for manuscript whole correspondence editing, during the manuscript, submission, and handling the revisions. G. Vaseghi and M. Rabbani reviewed the manuscript and were in charge of overall direction and planning. B. Mohammadi as pathologist supported the laboratory experimental design of this study.

### REFERENCES

- Zhou S, Palmeira CM, Wallace KB. Doxorubicininduced persistent oxidative stress to cardiac myocytes. Toxicol Lett. 2001;121(3):151-157.
- Gianny L, Herman EH, Lipshultz SE, Minotti G, Sarvazyan N, Sawyer DB. Anthracycline cardiotoxicity from bench to beside. J Clin Oncol. 2008;26(22):3777-3784.
- 3. Yagmurca M, Bas O, Mollaoglu H, Sahin O, Nacar A, Karaman O, *et al.* Protective effects of erdosteine on doxorubicin-induced hepatotoxicity in rats. Arch Med Res. 2007;38(4):380-385.
- 4 Gorini S, De Angelis A, Berrino L, Malara N, Rosano G, Ferraro E. Chemotherapeutic drugs and mitochondrial dysfunction: focus on doxorubicin, trastuzumab, and sunitinib. Oxid Med Cell Longev. 2018;2018:1-15.
- Swain SM, Whaley FS, Ewer MS. Congestive heart failure in patients treated with doxorubicin: a retrospective analysis of three trials. Cancer. 2003;97(11):2869-2879.
- Chung WB, Youn HJ. Pathophysiology and preventive strategies of anthracycline-induced cardiotoxicity. Korean J Intern Med. 2016;31(4):625-633.
- 7 Wold LE, Aberle NS, Ren J. Doxorubicin induced cardiomyocyte dysfunction via a p38 MAP kinase-dependent oxidative stress mechanism. Cancer Detect Prev. 2005;29(3):294-299.
- Kim SY, Kim SJ, Kim BJ, Rah SY, Chung SM, Im MJ, *et al.* Doxorubicin-induced reactive oxygen species generation and intracellular Ca<sup>2+</sup> increase are reciprocally modulated in rat cardiomyocytes. Exp Mol Med. 2006;38(5):535-545.

- Ahmed HH, Mannaa F, Elmegeed GA, Doss SH. Cardioprotective activity of melatonin and its novel synthesized derivatives on doxorubicin-induced cardiotoxicity. Bioorg Med Chem. 2005;13(5): 1847-1857.
- 10. Ma Y, Zhang X, Bao H, Mi S, Cai W, Yan H. *et al.* Toll-like receptor (TLR) 2 and TLR4 differentially regulate doxorubicin-induced cardiomyopathy in mice. PLoS One. 2012;7(7):1-10.
- Nili-Ahmadabadi A, Ali-Heidar F, Ranjbar A, Mousavi L, Ahmadimoghaddam D, Larki-Harchegani A, *et al.* Protective effect of amlodipine on diazinon-induced changes on oxidative/antioxidant balance in rat hippocampus. Res Pharm Sci. 2018;13(4): 368-379.
- 12. Riad A, Bien S, Gratz M, Escher F, Westermann D, Heimesaat MM, *et al.* Toll-like receptor-4 deficiency attenuates doxorubicin-induced cardiomyopathy in mice. Eur J Heart Fail. 2008;10(3):233-243.
- Liu H, Wang H, Xiang D, Guo W. Pharmaceutical measures to prevent doxorubicin-induced cardiotoxicity. Mini-Rev Med Chem. 2017;17(1): 44-50.
- 14. Langer SW. Dexrazoxane for the treatment of chemotherapy-related side effects. Cancer Manag Res. 2014;6:357-363.
- 15. Marty M, Espié M, Llombart A, Monnier A, Rapoport BL, Stahalova V; *et al.* Multicenter randomized phase III study of the cardioprotective effect of dexrazoxane (Cardioxane) in advanced/metastatic breast cancer patients treated with anthracycline-based chemotherapy. Ann Oncol. 2006;17(4):614-622.
- 16. Psotova J, Chlopcikova S, Miketova P, Hrbac J, Simanek V. Chemoprotective effect of plant phenolics against anthracycline-induced toxicity on rat cardiomyocytes. Part III. Apigenin, baicalelin, kaempherol, luteolin and quercetin. Phytother Res. 2004;18(7):516-521.
- Lirdprapamongkol K, Sakurai H, Kawasaki N, Choo MK, Saitoh Y, Aozuka Y, *et al.* Vanillin suppresses in vitro invasion and *in vivo* metastasis of mouse breast cancer cells. Eur J Pharm Sci. 2005;25(1):57-65.
- 18. Chou TH, Ding HY, Hung WJ, Liang CH. Antioxidative characteristics and inhibition of α-melanocyte-stimulating hormone-stimulated melanogenesis of vanillin and VA from *Origanum vulgare*. Exp Dermatol. 2010;19(8):742-750.
- Lirdprapamongkol K, Kramb JP, Suthiphongchai T, Surarit R, Srisomsap C, Dannhardt G, *et al.* Vanillic acid suppresses metastatic potential of human cancer cells through PI3K inhibition and decreases angiogenesis *in vivo*. J Agric Food Chem. 2009;57(8):3055-3063.
- 20. Amin FU, Shah SA, Kim MO. Vanillic acid attenuates A $\beta$  1-42-induced oxidative stress and cognitive impairment in mice. Sci Rep. 2017;18(1):1-15.
- 21. Dianat M, Hamzavi GR, Badavi M, Samarbaf-zadeh A. Effect of vanillic acid on ischemia-reperfusion of

isolated rat heart: Hemodynamic parameters and infarct size assays. Indian J Exp Biol. 2015;53(1):641-646.

- 22. Krishnan DN, Prasanna N, Sabina EP, Rasool M. Hepatoprotective and antioxidant potential of ferulic acid against acetaminophen-induced liver damage in mice. Comp Clin Pathol. 2012;22(6):1177-1181.
- 23. Arunkumar P, Raju B, Vasantharaja R, Vijayaraghavan S, Preetham Kumar B, Jeganathan K, *et al.* Near infra-red laser mediated photothermal and antitumor efficacy of doxorubicin conjugated gold nanorods with reduced cardiotoxicity in swiss albino mice. Nanomed-Nanotechnol. 2015;11(6):1435-1444.
- 24. Adamcova M, Popelova-Lencova O, Jirkovsky E, Simko F, Gersl V, Sterba M. Cardiac troponinstranslational biomarkers in cardiology: Theory and practice of cardiac troponin high-sensitivity assays. Biofactors. 2016;42(2):133-148.
- 25. Huang Z, Zhuang X, Xie C, Hu X, Dong X, Guo Y, *et al.* Exogenous hydrogen sulfide attenuates high glucose-induced cardiotoxicity by inhibiting NLRP3 inflammasome activation by suppressing TLR4/NFκB pathway in H9c2 cells. Cell Physiol Biochem. 2016;40(6):1578-1590.
- 26. Taghiabadi E, Karimi G, Imenshahidi M, Sankian M, Mosafa F. The protective effect of silymarin on oxidative stress induced by acrolein in heart of mice. Res Pharm Sci. 2012;7(5):180.
- 27. Yarmohmmadi F, Rahimi N, Faghir-Ghanesefat H, Javadian N, Abdollahi A, Pasalar P, *et al.* Protective effects of agmatine on doxorubicin-induced chronic cardiotoxicity in rat. Eur J Pharmacol. 2017;796(1):39-44.
- Octavia Y, Tocchetti CG, Gabrielson KL, Janssens S, Crijns HJ, Moens AL. Doxorubicininduced cardiomyopathy: from molecular mechanisms to therapeutic strategies. J Mol Cell Cardiol. 2012;52(6):1213-1225.
- 29. Minotti G, Menna P, Salvatorelli E, Cairo G, Gianni L. Anthracyclines: molecular advances and pharmacologic developments in antitumor activity and cardiotoxicity. Pharmacol Rev. 2004;56(2):185-229.
- Umlauf J, Horky M. Molecular biology of doxorubicin-induced cardiomyopathy. Exp Clin Cardiol. 2002;7(1):35-39.
- 31. Erboga M, Donmez YB, Sener U, Erboga ZF, Aktas C, Kanter M. Effect of Urtica Dioica against

doxorubicin-induced cardiotoxicity in rats through suppression of histological damage, oxidative stress and lipid peroxidation. Eur J Intern Med. 2016;13(2):139-144.

- 32. Chularojmontri L, Wattanapitayakul SK, Herunsalee A, Charuchongkolwongse S, Niumsakul S, Srichairat. Cardioprotective effects of *Phyllanthus urinaria L*. on doxorubicin-induced cardiotoxicity. Biol Pharm Bull. 2005;28(7):1165-1171.
- 33. Khaper N, Bryan S, Dhingra S, Singal R, Bajaj A, Pathak CM, *et al.* Targeting the vicious inflammation-oxidative stress cycle for the management of heart failure. Antioxid Redox Signal. 2010;13(7):1033-1049.
- 34. Liu L, Pang XL, Shang WJ, Xie HC, Wang JX, Feng GW. Over-expressed microRNA-181a reduces glomerular sclerosis and renal tubular epithelial injury in rats with chronic kidney disease via down-regulation of the TLR/NF-κB pathway by binding to CRY1. Mol Med. 2018;24(1):49-62.
- 35. Moure A, Cruz JM, Franco D, Dominguez JM, Sineiro J, Dominguez H, *et al.* Natural antioxidants from residual sources. Food Chem. 2001; 72(2):145-171.
- 36. Radmanesh E, Dianat M, Badavi M, Goudarzi G, Mard SA. The cardioprotective effect of vanillic acid on hemodynamic parameters, malondialdehyde, and infarct size in ischemia-reperfusion isolated rat heart exposed to PM10. Iran J Basic Med Sci. 2017;20(7):760-768.
- 37. Prince PS, Dhanasekar K, Rajakumar S. Preventive effects of vanillic acid on lipids, bax, bcl-2 and myocardial infarct size on isoproterenol-induced myocardial infarcted rats: a biochemical and in vitro study. Cardiovasc Toxicol. 2011;11(1):58-66.
- 38. Kim ME, Na JY, Park YD, Lee JS. Anti-neuroinflammatory effects of vanillin through the regulation of inflammatory factors and NF-κB signaling in LPS-stimulated microglia. Appl Biochem Biotechnol. 2019;187(3):884-893.
- 39. Aswar U, Mahajan U, Kandhare A, Aswar M. Ferulic acid ameliorates doxorubicin-induced cardiac toxicity in rats. Naunyn Schmiedebergs Arch Pharmacol. 2019;392(1):659-668.
- 40. Fadillioglu E, Oztas E, Erdogan H, Yagmurca M, Sogut S, Ucar M, *et al.* Protective effects of caffeic acid phenethyl ester on doxorubicin-induced cardiotoxicity in rats. J Appl Toxicol. 2004;24(1):47-52.