Original Article

# The protective role of melatonin in cadmium-induced proliferation of ovarian cancer cells

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#### Abstract

Cadmium (Cd), a ubiquitous environmental and occupational pollutant, acts as a metalloestrogen to induce cell proliferation. It is suggested that Cd may also contribute to the development of estrogen-related cancers like ovarian cancer which is the most lethal cancer in women. Furthermore, it was shown that melatonin has antiproliferative effect on estradiol (E2)-induced proliferation. The aim of the present study was to evaluate whether melatonin inhibits Cd-induced proliferation in ovarian cancer cell lines and also whether Cd and melatonin can modulate estrogen receptor α (ERα) expression. OVCAR3 and SKOV3 human ovarian cancer cell lines were treated with CdCl<sub>2</sub> (1-100 nM) and melatonin (1 μM) for 48 h. Cell proliferation evaluation was carried out by bromodeoxyuridine (BrdU) incorporation assay. ERα expression was detected by western blotting method 24 h after cell treatment. The results were demonstrated that Cd increased proliferation of ovarian cancer cell lines in a dose dependent manner. Melatonin inhibited Cd-induced proliferation of OVCAR3 and SKOV3 cell lines. Moreover, CdCl<sub>2</sub> significantly increased ERα expression in both OVCAR3 and SKOV3 cell lines compared to control. Melatonin significantly inhibited Cd inducing effect on ERα expression of OVCAR3 and SKOV3 cell. In conclusion, due to the proliferative effect on ovarian cancer cell lines, Cd could play an important role in the etiology of ovarian cancer by inducing cells ERα expression. Furthermore, melatonin has the protective role on Cd-induced cell proliferation by inhibition of ERα expression.

**Keywords:** Cadmium; Ovarian cancer; Melatonin; Estrogen receptor α

# INTRODUCTION

Cadmium ubiquitous (Cd) as environmental and occupational pollutant can affect human health through chronic to low-level exposure (1). Cd has been categorized as a known human carcinogen by several regulatory agencies (2). Lacking an active biochemical mechanism for elimination coupled with renal reabsorption, Cd is excreted from the body very slowly and accumulates in soft tissues for many years (1). Cd acts with a potent estrogen activity to induce breast cancer cell line proliferation, probably by forming a high-affinity complex with the hormone binding domain of the estrogen receptors (3). This metal ion interfering with estrogenic activity was xenoestrogen and metalloestrogen. Since estrogen has some important roles in the development and progression of tissues and cells, it is suggested that metalloestrogens may also contribute to the development of estrogen-related cancers (4).

It is hypothesized that metal-induced estrogen receptor activation is a crucial step in the carcinogenic process of these cancers (5). One of the most lethal estrogen-related cancers is ovarian cancer (6). Among gynecologic cancers, the mortality of ovarian cancer is in the first place with poor prognosis and 5-year survival rate around 30% because there are no obvious early clinical symptoms and effective diagnostic approach (7). Epidemiological studies have found evidences of increased ovarian cancer risk and mortality among Cd-exposed people but its carcinogenesis mechanism in ovary is not understood (8,9).

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Moreover, recent studies have demonstrated that melatonin, the main secretory product of the pineal gland and an indole hormone secreted only in darkness, has useful pharmacological and physiological properties against ovarian and breast cancer progression and metastasis (10,11).

Clinical studies have reported negative correlation between aggressiveness of ovarian cancer and serum level of melatonin (10). In normal cells, melatonin has potent antioxidant action and in many cancer types including hormone-dependent cancers, it has antiproliferative and antiangiogenic properties (10,12,13).

Studies have shown that physiological concentrations of melatonin (1 nM to 1 pM) has antiproliferative effect on estradiol (E2)-induced proliferation and invasion of breast cancer cell lines by inhibition of estrogen mediated mechanisms (11,14). While anti-estrogenic effect of melatonin at the cellular level has been proposed, the molecular basis of melatonin action remains largely unknown (15). Additionally, it has been recently reported that melatonin not only can inhibit E2-induced estrogen receptor  $\alpha$  (ER $\alpha$ )-mediated transcription but also it can prevent the Cd-induced growth of breast cancer cells (11).

The aim of the present study was to evaluate whether melatonin inhibits Cd-induced proliferation in ovarian cancer cell lines and also whether Cd and melatonin can modulate  $ER\alpha$  expression.

### MATERIALS AND METHODS

#### **Chemicals**

Culture media and growth supplements were obtained from Gibco (Germany). CdCl<sub>2</sub> and melatonin were purchased from Sigma-(Munich, Aldrich Company Germany). Bromodeoxyuridine (BrdU) kit was purchased from Roche (Mannheim, Germany). Human antibody of glyceraldehyde-3 phosphate dehydrogenase (GAPDH) (G-9:sc-365062), mouse monoclonal IgG1 estrogen receptor α (sc-73479) and gout anti mouse IgG1-HRP (sc-2005) were purchased from Santa Cruz (USA).

#### Cell cultures

Two human ovarian cancer cell lines, OVCAR3 (NCBI code: C430) and SKOV3 (NCBI code: C209), were obtained from National Cell Bank of Iran (Pasture Institute, Iran). The cells were cultured in RPMI-1640 supplemented with 100 units/mL penicillin G, 100 μg/mL streptomycin and 10% fetal bovine serum (FBS, Gibco Co.) in a humidified atmosphere of 5% CO2, 95% air at 37 °C. CdCl<sub>2</sub> and melatonin treatment performed in medium supplemented with 5% charcoal treated 1% FBS. The stock solution was dissolved in deionized water and then sterilized by filtration and diluted by RPMI medium. The cells divided into four groups consisting of untreated cells, CdCl2-treated melatonin-treated cells cells. CdCl<sub>2</sub>+melatonin- treated cells. Untreated cells were used as a negative control to CdCl<sub>2</sub>treated cell and melatonin treated cell groups. CdCl2-treated cells also were used as the negative control to CdCl<sub>2</sub>+ melatonin-treated cell group.

# Bromodeoxyuridine cell proliferation assay

The evaluation of cell proliferation was carried out by a BrdU kit according to the manufacturer's protocol.

In BrdU cell proliferation assay, BrdU, a pyrimidine analog, is incorporated replicating DNA instead of thymidine and then immunodetection of BrdU using specific monoclonal antibodies allows labeling of the cells in S phase of the cell cycle. Thus, cells were cultured with  $5 \times 10^3$  cells/well density in 96-well plates and co-treated with CdCl<sub>2</sub> (1-100 nM) and melatonin (1  $\mu$ M) for 48 h. 10  $\mu$ L of BrdU labeling solution was added to each well and the cells were incubated again for 4 h. After removal of the BrdU labeling solution, it was used kit's FixDenta solution for 30 min at room temperature to fix and denaturation of cells. Then the cells should be incubated for 90 min by peroxidase-conjugated anti-BrdU antibody. After washing off the unbound anti-BrdU-POD, to develop the color reaction, substrate solution was performed for 3-5 min. Finally, it was stopped by adding 25 µL of sulfuric acid (1 M) and optical density of the samples was determined at 370 nm.

#### Western blot analysis

ERα expression was detected by western blotting method.  $1 \times 10^6$  cells were incubated with CdCl<sub>2</sub> (1-100 nM) for 24 h. Then the cells were vortexed with an ice-cold RIPA lysis buffer every 15 min for 2 h. The extracts were centrifuged at 14,000 rpm and 4 °C for 10 min. After determination of protein concentration of each lysate by Bradford protein assay (0.5-1 mg/mL), equal amount of protein (20 µg) of each sample was subjected to 10% dodecyl sulphate-polyacrylamide sodium (SDS) page gel electrophoresis and transferred polyvinylidene difluoride membranes (Amersham Pharmacia Biotech, Membranes were incubated blocking buffer (5% non-fat dry milk in phosphate buffered saline (PBS) + 0.1% Tween 20) for 2 h at room temperature. Membranes were incubated with primary containing mouse monoclonal antibody against ERα overnight at 4 °C. After washing three times with PBS with Tween 20 (PBST), membranes were incubated with secondary antibody, gout anti IgG1-HRP conjugate, for 2 h at room temperature. Finally, the protein expression was detected by Bio-Rad ECL detection reagent. GAPDH was used as an internal reference.

### Statistical analysis

Data were reported as means  $\pm$  SD. Statistical analysis was performed using SPSS18.0 for nonparametric test of variance between groups (ANOVA) followed by Dunnett's test and t-test. Statistically significant difference was considered as P < 0.05.

#### **RESULTS**

# Effect of CdCl<sub>2</sub> on ovarian cancer cell proliferation

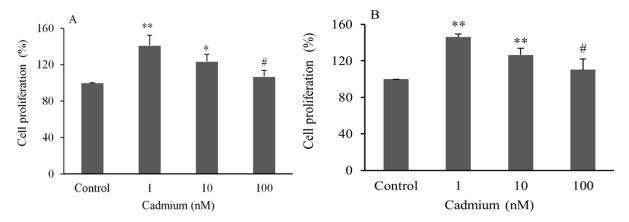
To investigate Cd proliferative effect on ovarian cancer cell lines, OVCAR3 and SKOV3 cells were exposed to different concentrations of CdCl<sub>2</sub> (1-100 nM) for 48 h. Cell proliferation was determined by BrdU incorporation assay. Before BrdU assay, MTT assay with different concentrations of CdCl<sub>2</sub>

(1 nM -100  $\mu$ M) and melatonin (1 - 100  $\mu$ M) was performed for 24, 48 and 72 h to select appropriate concentrations and treatment time. It was observed that (the results are not shown) CdCl<sub>2</sub> exhibited proliferative effect at 1-100 nM while higher concentrations were cytotoxic. Melatonin at 1  $\mu$ M showed inhibitory effect on Cd-induced proliferation. The best treatment time was found to be 48 h. Significant differences between viability of treated cells versus control group were not observed at 24 and 72 h treatment. Thus we selected 1-100 nM CdCl<sub>2</sub>, 1  $\mu$ M melatonin and treatment time 48 h to continue other experiments.

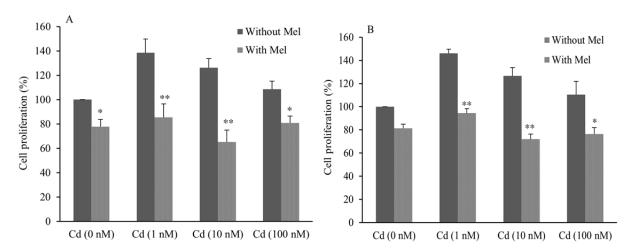
The results of BrdU assay showed that significantly stimulated CdCl<sub>2</sub> proliferation in a dose dependent manner. Maximum prolifeartion was observed at lowest concentration of CdCl<sub>2</sub> (1 nM). Proliferation was increased 7-41% OVCAR3 (Fig. 1A) and 10-46% in SKOV3 cells (Fig. 1B). There was no statistically significant difference between 100 nM CdCl<sub>2</sub> Additionally, a significant and control. difference was observed between highest proliferation in CdCl<sub>2</sub> (1 nM) and lowest proliferation in 100 nM  $CdCl_2$ ; P < 0.05(Fig. 1).

# Effect of melatonin on Cd-induced proliferation of ovarian cancer cell lines

To evaluate whether melatonin can inhibit the proliferation of ovarian cancer cells induced by Cd, the cells were treated with CdCl<sub>2</sub> (1-100 nM) in the presence or absence of melatonin for 48 h and cell proliferation was evaluated by BrdU assay. Melatonin significantly inhibited the CdCl<sub>2</sub>-induced cell proliferation compared to CdCl<sub>2</sub>.treated cells in the absence of melatonin Cell proliferation inhibition was calculated to be 38.4% at 1 nM. 48% at 10 nM, and 25.5% at 100 nM of CdCl<sub>2</sub> in OVCAR3 cells (Fig. 2A). It was also observed that melatonin inhibited proliferation of SKOV3 cells as much as 35.6% at 1 nM 43% for 10 nM and 31% at 100 nM of CdCl<sub>2</sub> (Fig. 2B). Minimum inhibitory effect of melatonin was observed in 100 nM of CdCl<sub>2</sub> that caused the lowest proliferative effect.



**Fig. 1.** Assessment of ovarian cancer cell line proliferation in (A), OVCAR3 and (B), SKOV3 cell lines. Data are presented as mean  $\pm$  SD. \* and \*\* indicate significant difference from the control (P < 0.05 and P < 0.01, respectively); # shows significant difference with Cd (1 nM) (P < 0.05).



**Fig. 2.** The effect of melatonin on ovarian cancer cell proliferation in (A), OVCAR3 and (B), SKOV3 cell lines. \* and \*\* show significant differences from corresponding treated cells in the absence of melatonin (P < 0.05 and P < 0.01, respectively). (Mel), melatonin; (Cd), CdCl<sub>2</sub>.

# Effect of melatonin on Cd-induced ERa expression in ovarian cancer cell lines

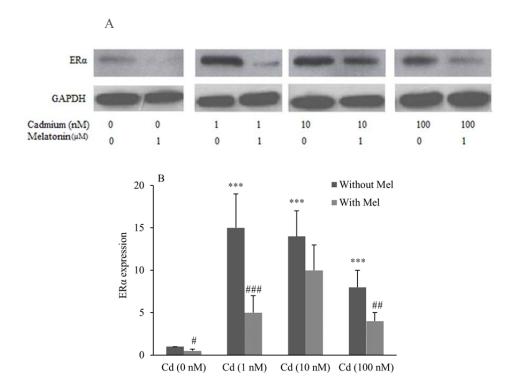
To determine whether Cd can modulate  $ER\alpha$  expression, cell lines were incubated for 24 h with 1-100 nM  $CdCl_2$ .  $ER\alpha$  expression was measured using western blot analysis by  $ER\alpha$  monoclonal antibody. Data analysis demonstrated that Cd significantly increased  $ER\alpha$  expression in both OVCAR3 (Figs. 3A and 3B) and SKOV3 (Figs. 4A and 4B) cell lines compared to control.

Stimulative effect of CdCl<sub>2</sub> on ERα expression was determined to be 15 fold for 1 nM, 14 fold for 10 nM and 8 fold for 100 nM in OVCAR3. Furthermore, in SKOV3 cells,

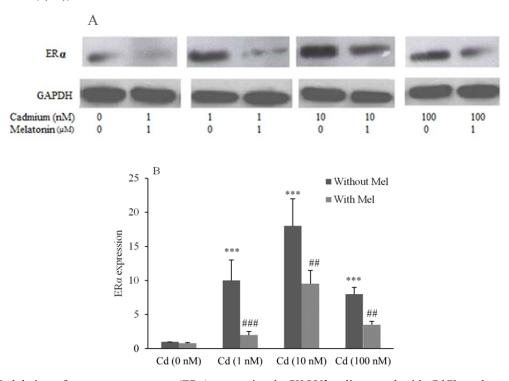
Cd induced ERα expression 10 fold for 1 nM, 18 fold for 10 nM and 8 fold for 100 nM compared to control.

It was observed that when the cells were cotreated with  $CdCl_2$  and melatonin (1  $\mu$ M), melatonin could inhibit Cd inducing effect on  $ER\alpha$  expression of cells after 24 h. Melatonin decreased  $ER\alpha$  expression of OVCAR3 cells by (3 fold) for 1 nM, (1.4 fold) for 10 nM and (2 fold) for 100 nM (Figs. 3B).

In SKOV3 cells, the results also demonstrated that melatonin significantly decreased ER $\alpha$  expression by (5 fold) for 1 nM, (1.89 fold) for 10 nM and (2.6 fold) for 100 nM (Figs. 4B).



**Fig. 3.** Modulation of estrogen receptor α (ERα) expression in OVCAR3 cells treated with CdCl2 and assessment of inhibitory effect of melatonin. (A), evaluation of ERα expression performed using Western blotting technique. (B), Quantitative analysis of relative level of ERα expression performed by image j software. \*\*\* shows significant differences vs. Cd (0 nM) without melatonin (P < 0.001). #, ##, and ### show significant differences between the cells treated with melatonin and corresponding cells without melatonin (P < 0.05, P < 0.01 and P < 0.001, respectively). (Mel), melatonin; (Cd), CdCl2.



**Fig. 4.** Modulation of estrogen receptor α (ERα) expression in SKOV3 cells treated with CdCl<sub>2</sub> and assessment of inhibitory effect of melatonin. (A), evaluation of ERα expression performed using Western blotting technique. (B), Quantitative analysis of relative level of ERα expression performed by image j software. \*\*\* shows significant differences vs. Cd (0 nM) without melatonin (P < 0.001). ##, and ### show significant differences between the cells treated with melatonin and corresponding cells without melatonin (P < 0.01 and P < 0.001, respectively). Mel, melatonin; Cd, CdCl<sub>2</sub>.

#### **DISCUSSION**

Cd has been considered as an important harmful environmental pollutant which has role in tumorigenesis and carcinogenesis especially in estrogen target tissues because of its estrogen mimicking effect. It is identified as the best qualified of the metalloestrogens (16). Moreover, previous studies have demonstrated that melatonin has anti-carcinogenic and oncostatic activity on cancer cells (17-20). Some proposed mechanisms to explain protective oncostatic activity of melatonin are focused on anti-oxidative properties, antiproliferation effect, induction of apoptosis, enhancement of immune system activity, antiinflammatory and anti-angiogenic function in cancer types including hormonemany dependent cancers (10,17,18).pharmacological and physiological properties of melatonin indicate that it can progression and metastasis of ovarian cancer cells (10). Furthermore, some experimental in vitro and in vivo studies have shown that melatonin inhibits the growth of hormonerelated tumors by decreasing estrogen receptor expression (17), also its protective effects on Cd-induced breast cancer cell proliferation point to a possible role as a preventive factor for Cd effects (21).

Therefore, the first aim of our study was to clarify whether Cd has proliferative effect and if melatonin has oncostatic activity on ovarian cancer cell lines. Secondly we investigated the oncostatic effect of melatonin on inhibition of proliferative effect and its possible underlying mechanism. CdCl<sub>2</sub> exhibited proliferative activity at 1-10 nM and oncostatic concentration of melatonin was found to be We observed uM. that oncostatic concentration of melatonin inhibited proliferative effect of CdCl<sub>2</sub> through inhibition of ERα expression.

In the present study, our data indicated that Cd induced the proliferation of ovarian cancer cell lines. Cell proliferation was increased in a Cd-dose dependent manner where lowest concentration of CdCl<sub>2</sub> caused highest proliferation. Few studies have reported the effect of Cd on ovarian cancer and only a few epidemiological studies indicating

controversial data (8,22,23). Our evaluated the effects and mechanisms of Cd on proliferation of ovarian cancer cell lines. Animal and cellular studies have shown that Cd exposure can induce tumorigenesis and increase proliferation of mammary and uterus cells (16,24-26). Jiang, et al showed that Cd induced significant cell proliferation at low concentrations (27). Hao, et al. demonstrated that Cd stimulated cell proliferation in a dose-dependent manner in breast cancer cell line (28). Huff, et al. showed that nanomolar concentrations of CdCl<sub>2</sub> have dose dependent proliferative effect in some types of lung cancer cell lines (29). Khojastehfar, et al. reported that nanomolar concentration of Cd increased MCF7 cell proliferation and higher concentrations induced cell apoptosis (30).

Recent studies have proposed melatonin has an oncostatic role on hormonedependent tumors (10,11,17). Our results also demonstrated that melatonin has oncostatic activity on ovarian cancer cell lines. In parallel to our study, Shen, et al. were observed that melatonin (400 and 800 µM) suppressed ovarian cancer cell line growth (12). Some evidences presented that melatonin may be beneficial in ovarian cancer treatment (10). Since Cd treatment stimulated growth of ovarian cancer cell line, we encouraged to evaluate the ability of melatonin as an anti-proliferative agent in Cd-induced cell proliferation.

Our results showed that melatonin prevented inducing role of Cd in ovarian cell proliferation. In confirmation of our research, Alonso-Gonzalez, et al. demonstrated that melatonin has the protective effects on Cdinduced proliferation of mice mammary glands and uterus (21). Martínez-Campa, et al. have also described that melatonin enforced antiproliferative effects on MCF7 cells triggered by Cd (11). Furthermore, some studies have reported the effect and action mechanism of melatonin on Cd proliferative effect. For instance, Martinez-Campa, et al. claimed that melatonin down-regulates hTERT expression induced by Cd in MCF-7 cells (31), and also Alonso-Gonzalez, et al. that melatonin modulates the expression metallothioneins induced by Cd in

MCF-7, MDA-MB-231 and HeLa cells (32). Sánchez-Barceló EJ, *et al.* suggested that melatonin has an important role in the prevention and treatment of hormone-dependent mammary cancer through three anti-estrogenic mechanisms including estrogen receptor interfering, inhibition of estrogen synthesis and decreasing circulating levels of estradiol (33).

It is obvious that the expression of steroid hormone receptors, specially ERa, is very important in etiology, incidence, pathology and survival rate of hormone related cancers and it has been investigated as prognostic biomarker for endometriosis and ovarian Additionally, cancer (34).Cd as xenoesterogen stimulates ERα in breast cancer cells and mimics the action of estrogen in these cells by binding to the receptor and receptor activation mediating (16,35).Ronchett, et al. reported that nanomolar concentration of Cd up-regulated mRNA expression of ERα in anterior pituitary cells (36). Huff, et al. claimed that 100 nM CdCl<sub>2</sub> and E2 increased ERa expression (29). Our data demonstrated that Cd significantly stimulated ERa expression in both OVCAR3 and SKOV3 cell lines. Additinally, melatonin with a potent inhibitory effect reduced the expression of ERα in control and Cd-treated samples. These data indicate that melatonin can act as a modifier to Cd activity on ovarian cancer cell proliferation mediated by ERa. In support of our findings, Martinez-Campa, et al. showed that ERa transcription are stimulated by Cd (1 µM) and melatonin is a specific inhibitor of ERα in MCF7cell (11). Alonso-Gonzalez, et al. demonstrated that Cd exhibited estrogenic effects on mammary glands and melatonin (10 µM) inhibited these Cd effects in ovariectomized mice (21). Liu, et al. observed that in ovarian follicles of chicken, melatonin decreased ERa expression (37). The results of Hill, et al. determined that melatonin modulated ERa expression in MCF-7 cells (38). Finally, according to our results and other references, it is possible that anti-estrogenic action of melatonin through inhibition of ERa expression can inhibit estrogenic effects of Cd which can have role in ovarian cancer etiology (21).

#### **CONCLUSION**

In conclusion, because of proliferative effect of Cd on ovarian cancer cell lines, it could play an important role in the etiology of ovarian cancer by inducing  $ER\alpha$  expression. Furthermore, melatonin has the protective effects on Cd-induced ovarian cancer cell proliferation. Not only can melatonin inhibit Cd-induced proliferation of ovarian cancer cells but also it decreases Cd-induced  $ER\alpha$  expression. These results suggest a possible role of melatonin as a preventive agent for Cd-induced ovarian cancer.

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